



GLUTEN FREE

ASTRO @ASTROICECREAMCO

ALL MENU ITEMS ARE GLUTEN FREE

BUTCHER N BARBEQUE @BNBTAMPA

ALL SMOKED MEATS ARE GLUTEN FREE
CAROLINA GOLD BBQ SAUCE

CUCUMBER SALAD
SPICED WATERMELON SALAD

CRU @CRUCELLARS

STEAK FRITES WITH ANY SAUCE
KID'S CHICKEN TENDERS
ALL SANDWICHES WITHOUT BREAD

BUFFALO MOZZARELLA + ARUGULA SALAD
WITH OVEN DRIED TOMATOES + RED WINE
VINIAGRETTE

GRAZE 1910 @GRAZE_1910

GRAZE ALL DAY:

GRAZE PLATE
B-Y-O-BOWL
BRUNCHWICH SUB GF BUN

TARTINES:

ALL, SUB GREENS OR BROWN RICE

GREENS & GRAINS

BLACKENED AHI TUNA - NO DRESSING
(CONTAINS SOY)
HERB CHICKEN
BRAISED CHICKEN
GREENS ONLY
VEGANS ONLY

SANDWICHES:

1910 BURGER SUB GF BUN
GRAZE BURGER SUB GF BUN
RAY RAY'S SUB GF BUN

SIDES/A LA CARTE:

TOTS* (SHARED COOKING SURFACE)
POTATOES* (SHARED COOKING SURFACE)
CORN RELISH
ROASTED BROCCOLI

QUINOA SALAD
BRUSSELS
MIXED GREEN SALAD
FRUIT
HYPPOS POPS
ALL OUR N/A BEVERAGES

HEMINGWAY'S @HEMINGWAYS_TPA

ALL BOWLS
FLAN
CHICHARRONES
TOSTONES RELLENOS
SALCHIPPA W/ NO ONIONS

MOJO QUINOA
BEANS
RICE
CUBAN COLE SLAW
YUCCA FRIES

ICHICORO IMOTO @ICHICOROYA

KARAAGE CHICKEN RICE BOWL
KARAAGE SNACK

INSIDE THE BOX @ITBTAMPA

ANY SANDWICH CAN BE MADE WITH GLUTEN FREE BREAD

SOHO JUICE CO. @SOHOSUICECOMPANY

ALL MENU ITEMS ARE GLUTEN FREE

UNION COFFEE @UNIONTPA

ALL COFFEE
ALL TEA
CHAR CHAR BARS

ZUKKU @ZUKKUSUSHI

ALL MENU ITEMS ARE GLUTEN FREE