



GLUTEN FREE

ASTRO @ASTROICECREAMCO

ALL MENU ITEMS ARE GLUTEN FREE

BUTCHER N BARBEQUE @BNBTAMPA

ALL SMOKED MEATS ARE GLUTEN FREE
CAROLINA GOLD BBQ SAUCE

CUCUMBER SALAD
SPICED WATERMELON SALAD

CRU @CRUCELLARS

STEAK FRITES WITH ANY SAUCE
KID'S CHICKEN TENDERS
ALL SANDWICHES WITHOUT BREAD

BUFFALO MOZZARELLA + ARUGULA SALAD
WITH OVEN DRIED TOMATOES + RED WINE
VINIAGRETTE

GRAZE 1910 @GRAZE_1910

GRAZE ALL DAY:

GRAZE PLATE
B-Y-O-BOWL
BRUNCHWICH SUB GF BUN

TARTINES:

ALL TARTINES SUB: GREENS
OR BROWN RICE

GREENS & GRAINS

BLACKENED AHI TUNA-NO DRESSING
(CONTAINS SOY)
HERB CHICKEN
BRAISED CHICKEN
GREENS ONLY
VEGANS ONLY

SANDWICHES:

1910 BURGER SUB GF BUN
GRAZE BURGER SUB GF BUN
RAY RAY'S SUB GF BUN

SIDES/A LA CARTE:

TOTS* (SHARED COOKING SURFACE)
POTATOES* (SHARED COOKING SURFACE)
CORN RELISH
ROASTED BROCCOLI

QUINOA SALAD

BRUSSELS
MIXED GREEN SALAD
FRUIT
HYPPOS POPS
ALL OUR N/A BEVERAGES

HEMINGWAY'S @HEMINGWAYS_TPA

ALL BOWLS
FLAN
CHICHARRONES
TOSTONES RELLENOS
SALCHIPPA W/ NO ONIONS

MOJO QUINOA
BEANS
RICE
CUBAN COLE SLAW
YUCCA FRIES

ICHICORO IMOTO @ICHICOROYA

KARAAGE CHICKEN RICE BOWL
KARAAGE SNACK

INSIDE THE BOX @ITBTAMPA

ANY SANDWICH CAN BE MADE WITH GLUTEN FREE BREAD

SOUL FOOD STREET KITCHEN @SOULFOODSTREETKITCHEN

BOILED PEANUTS WITH NASHVILLE HOT DUST
PORK RINDS WITH CIDER VINEGAR AND ONION DIPPING SAUCE
SLAW
MAQUE CHOUX
CAJUN CHIPS
KALE AND BLACK EYED PEA SALAD (WITHOUT CROUTONS)
SHRIMP AND GRITS

SWAMI JUICE @SWAMIJUICETAMPABAY

ALL COLD-PRESSED JUICES AND SUPERFOOD SMOOTHIES ARE GLUTEN FREE
ALL ACAI BOWLS CAN BE TOPPED WITH GLUTEN FREE GRANOLA

UNION COFFEE @UNIONTPA

ALL COFFEE
ALL TEA
CHAR CHAR BARS

ZUKKU @ZUKKUSUSHI

ALL MENU ITEMS ARE GLUTEN FREE