

cold-pressed juices

YO GREENS

cucumber. celery. kale. chard. spinach. sprouts. ginger. lemon

ZEUS JUICE

bok choy. celery. romaine. lemon. fennel. spinach. parsley. turmeric

AUSSIE

cucumber. kale. pear. parsley. kiwi

BUSH DOCTOR

green apple. chard. cucumber. parsley. lime

SWAMI-ADE

pineapple. celery. chard. cucumber. wheatgrass

YAUM!!

pineapple. wheatgrass. sparkling water. ginger. lime

LIFESAVER

cucumber. pineapple. mint

CAROTENE CRUSH

tomato. carrot. celery. spinach. beet. lemon. parsley. garlic. cayenne

SUNSCREEN

carrot. orange. apple. ginger. turmeric. cinnamon

THE PURPS

apple. beet. celery. kale. parsley

GROUNDWELL

beet. carrot. apple. ginger. turmeric

BEET IT KOOK

pineapple. beet. carrot. ginger. turmeric

SWEET TREAT

strawberry. pineapple. orange. ginger

LAV LEMON

lemon. filtered water. raw honey. lavender essential oil

ALMOND JOY

almonds. filtered water. dates. cinnamon. vanilla

prana shots

GINGER SHOT - ginger. pineapple

RAY OF SUN - turmeric. orange

MOON RAY - turmeric. orange. black pepper

YIN YANG - ginger. turmeric. pineapple. orange

FLIP YOUR DOG - ginger. lemon. cayenne

BEET KVASS - beets. spring water. himalayan salt

ācai bowls

****all bowls come topped with the following:**

granola. strawberry. banana. coconut flakes. raw honey**

AH-SIGH-EE BOWL

acai. strawberry. blueberry. mango. coconut water

BUZZ BOWL

acai. blueberry. strawberry. mango. bee pollen. coconut water

HANG 10 HEMP BOWL

acai. strawberry. banana. hemp protein. cacao. almond milk

**** also topped with peanut butter. sub almond butter ++**

RIO BOWL

acai. banana. guarana syrup. coconut water

GREEN TORTUGA BOWL

acai. strawberry. blueberry. spirulina. kale. coconut water

PARADISE PARFAIT BOWL

organic french vanilla yogurt. strawberry. banana

Smoothies

ANANDA

almond milk. acai. kale. banana. strawberry. raw honey

BANZAI COLD BREW

cold brew coffee, almond milk. banana. raw honey

POINT BREAK PROTEIN

almond milk. banana, hemp protein, flax seed, cinnamon. raw honey

THE GURU

almond milk. cold brew coffee. blueberry. acai. kale. hemp protein. dates. raw almond butter

SWAMI'S BEACH

coconut water. organic vanilla yogurt. strawberry. mango. pineapple. banana

WELLNESS WARRIOR

coconut water. kale. strawberry. banana. spirulina. maca. bee pollen. lemon. raw honey

Superfood boosters

raw almond butter - bee pollen - chia seeds - dates - flax seeds - goji berries - hemp seeds - hemp protein powder - kale - maca root powder - raw cacao powder - cacao nibs - local raw honey - spirulina - spinach